

## WHAT MAKE BLOOD PRESSURE HIGH%0A

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[High Blood Pressure Facts, Causes, Tests, Risk Factors ...](#)

Also known as hypertension, high blood pressure is the most common cardiovascular disease. Blood pressure is the force of blood pushing against your artery walls as it goes through your body.

[High Blood Pressure \(Hypertension\) Signs, Causes, Diet ...](#)

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

[Causes of High Blood Pressure - Risk Factors: Weight, Diet ...](#)

When a direct cause for high blood pressure can be identified, the condition is described as secondary hypertension. Among the known causes of secondary hypertension, kidney disease ranks highest.

[High blood pressure | Heart and Stroke Foundation](#)

Keep your blood pressure in check. High blood pressure is the number one risk factor for stroke and a major risk factor for heart disease. High blood pressure is when the blood pressure in your arteries is elevated and your heart has to work harder than normal to pump blood through the blood vessels.

[High blood pressure: Causes, symptoms, and treatment](#)  
Urine and blood tests: The underlying cause of high blood pressure might be an infection, a kidney malfunction, or high levels of cholesterol, potassium, or blood sugar.  
Protein or blood in the

[High Blood Pressure: Causes, Symptoms, Medication, Diet ...](#)

High blood pressure problems in pregnancy remain an important cause of maternal death in the United States. Complications for the baby include low birth weight, early birth, and stillbirth.

[What Causes High Blood Pressure? 10 Reasons You Have ...](#)

The nicotine from just one cig can cause your blood vessels to temporarily narrow, and tobacco smoke itself physically damages the cells that make up your blood vessels, Campbell says. The result: Stiff, inflexible blood vessels, and an ever-increasing risk of high blood pressure and heart disease.

[The Best Ways to Raise Blood Pressure - wikiHow](#)

If low blood pressure is a problem, you should invest in a

[Bercksichtigung Des Einsatzes Von Schtzen- Und Spulenwechslautomaten In Der Leinenweherei](#), [Ethnic Citizenship Regimes](#), [Sex Workers And Criminalization In North America And China](#), [Einbrung In Genderstudien](#), [Politics Of British Foreign Policy In The Era Of Disraeli](#) And

home blood pressure monitor. Taking a multivitamin helps nutrition levels which, in turn, maintain appropriate blood pressure levels. Compression stockings are a necessary aid in maintaining good circulation, for those with chronic low blood pressure.